

# White June 2024. The program of the festival

Places: Геокупол № 4

## BOOKS

### 21 JUNE 2024

12:15 – 13:15 *	Geodome # 4	Metaphysics of history: World War I and II on the territory of East Prussia. Creative meeting
13:15 – 14:15 *	Geodome # 4	"I love, I'm indignant and I cry": the Russian North in poetry. Creative meeting
14:15 – 15:15 *	Geodome # 4	Dvina and Sena: a roll call of two legendary rivers. Creative meeting
15:15 – 16:15 *	Geodome # 4	Historical Arkhangelsk. Photo quiz
16:15 – 17:15 *	Geodome # 4	A song to the word: the story of the Pinega storyteller Makhonka. Creative meeting
17:15 – 18:15 *	Geodome # 4	Long exposure. Book presentation
18:15 – 19:15 *	Geodome # 4	A History of the Cold War: A Message of Peace by Samantha Smith. Creative meeting
19:15 – 20:15 *	Geodome # 4	Ghost ships: The feat and tragedy of the Arctic convoys of World War II. Discussion

### 22 JUNE 2024

12:00 – 13:30 *	Geodome # 4	We'll live longer! Documentary screening and creative meeting
13:30 – 14:30 *	Geodome # 4	Modern Russian literature: signs and trends. Lecture
14:30 – 15:30 *	Geodome # 4	Ancient fisheries of Russian and Norwegian Pomors. Historical contacts as the basis for the joint struggle against fascism in the North. Lecture
15:30 – 16:30 *	Geodome # 4	Who is a psychologist? Lecture by Natalia Suryeva
16:30 – 17:30 *	Geodome # 4	The invisible map of Russia. Creative meeting
17:30 – 18:30 *	Geodome # 4	The hero's dream in the plot: the formation of an alternative reality in literature and cinema. Lecture
18:30 – 19:30 *	Geodome # 4	Volumes that do not exist: the history of pseudobooks and false libraries. Lecture
19:30 – 20:30 *	Geodome # 4	"Shadow of the Lair": a detective story in books and on screen. Creative meeting

### 23 JUNE 2024

11:30 – 13:00 *	Geodome # 4	"Russian Hoffmann" in the north. Round table
13:00 – 14:00 *	Geodome # 4	Become a citizen by reading. Discussion
14:00 – 15:00 *	Geodome # 4	Work joyfully for the benefit of the society. Presentation of a book about M. V. Lomonosov

15:00 – 16:00 *	Geodome # 4	Volkov Pass: traditions of village prose. Creative meeting
16:00 – 17:00 *	Geodome # 4	Sixty kilograms of sunlight. Creative meeting
17:00 – 18:00 *	Geodome # 4	Where it's not all-inclusive. Discussion about the biography of small towns
18:00 – 19:00 *	Geodome # 4	Meeting with Arkhangelsk writer Dmitry Petrov

## GAMES

### 29 JUNE 2024

12:00 – 17:00 *	Geodome # 4	JUSTPLAY. Counter-Strike esports tournament
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### 30 JUNE 2024

12:00 – 17:00 *	Geodome # 4	JUSTPLAY. Counter-Strike esports tournament
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## DIGITAL

### 28 JUNE 2024

10:00 – 11:50	Geodome # 4	Museum compass: quiz presentation of the guidebook "Museums of the Arkhangelsk Region"
12:00 – 15:00 *	Geodome # 4	House of culture and center for creative industries: together or apart in preserving culture?

## HEALTH

### 26 JUNE 2024

11:30 – 12:40 *	Geodome # 4	The health of our children. Where does it begin
12:50 – 13:20 *	Geodome # 4	Shield or weak link? What is important to know about the thyroid gland?
13:30 – 14:00 *	Geodome # 4	12 useful habits for slimness, health and beauty
14:10 – 15:10 *	Geodome # 4	Only for women. Chronic fatigue and decreased libido. Simple solutions to sensitive issues
15:20 – 15:50 *	Geodome # 4	The many faces of iron deficiency
16:00 – 16:30 *	Geodome # 4	Prevention of age-related changes in women 35+. Hormone replacement therapy
16:40 – 17:10 *	Geodome # 4	Muscles: what they are needed for and how to use them
17:20 – 18:20 *	Geodome # 4	Reckless. Why does a HEALTHY knee hurt?
18:30 – 19:00 *	Geodome # 4	Гаджеты: вред или польза
19:10 – 19:40 *	Geodome # 4	Individual correctional route for a child with disabilities. Which specialist is more important?

## 27 JUNE 2024

11:30 – 12:15	Geodome # 4	How our body declares deficiencies and what to do about it. Diagnostics without tests
12:25 – 13:10	Geodome # 4	Sleep is the magic cure for everything
13:20 – 14:20	Geodome # 4	Obesity: yesterday, today, tomorrow
14:30 – 15:00	Geodome # 4	How our intestines and the bacteria living in them affect our lives
15:10 – 15:40	Geodome # 4	Therapeutic nutrition protocols
15:50 – 16:50	Geodome # 4	Only for women. Chronic fatigue and decreased libido. Simple solutions to sensitive issues
17:00 – 17:40	Geodome # 4	How to instill a culture of healthy eating in your family
17:50 – 18:20	Geodome # 4	The importance of movement. Correct selection of load. Coach's choice
18:30 – 19:00 *	Geodome # 4	How to give birth to a healthy baby
19:10 – 19:40	Geodome # 4	A good parent is a rested parent. Where can you find strength during parental burnout?